**New Heights Activities and Groups Time Table**

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| **St. John’s Centre** Slimming World9.15am, 11:00am, 5:15pm and 7:15pm(4 Sessions) | **Guild Room**Tuesday Club9:30am – 11:00am | **St. John’s Centre** Crackers Playgroup 1:00pm – 3:00pm(1 Session term time only) | **St. John’s Centre** Tai Chi10:30am – 11:30am |  | **St. John’s Centre** Armstrong Karate 11:00am – 12:30pm | **St. John’s Centre** Children’s Liturgy9:30am – 12:30pm |
|  | **St. John’s Centre** Silver Surfers10:00am – 12:00pm |  | **St. John’s Centre** Thursday Luncheon Club 12:30pm – 2:30pm | Guild RoomThe Imagine Group12:00pm – 3:00pm | **Community Café** Jack Dromey Mp Advice Surgery11:00am – 12:00pm | **St. John’s Centre** Lighthouse Chapel International12:30pm – 2:30pm |
| **Guild Room**The Imagine Group1:00pm – 4:00pm | **Community Café** Knit and Chat Group 12:30pm – 2:00pm | **St. John’s Centre** Beavers Scouts (6 – 8yrs)5:15pm – 6:45pm | **St. John’s Centre** Catholic Home Education Group (once a month)2:30pm – 5:00pm |  | **St. John’s Centre** Community Institute of Training 1:00pm – 5:00pm | **St. John’s Centre** Community Meal(Last Sunday of every month)4:00pm  |
| **Guild Room**Svp (Fortnightly)7pm – 8pm | **St. John’s Centre** Armstrong Karate5:00pm – 6:00pm | **St. John’s Centre** Armstrong Karate7:00pm – 8:00pm | **St. John’s Centre** Armstrong Karate6:00pm – 7:00pm |  | **Guild Room**Becky & Kingstanding Faith Mums3:00pm – 5:00pm | **Guild Room**BUACK4pm – 6pm |
| **Guild Room**Al-Anon8:30pm – 9:30pm  | **St. John’s Centre** Cubs Scouts(8 – 10.5yrs)6:15pm – 7:15pm | **Guild Room**Bible Study7:00pm – 8:00pm | **Guild Room**RCIA7PM – 9PM | **St. John’s Centre** Scouts (10.5 – 14yrs)6:00pm – 7:30pm | **St. John’s Centre** AA7:30pm – 9:00pm |  |

  **St. John’s Centre**

 **Community Café**

 **Guild Room**