**New Heights Activities and Groups Time Table**

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| **St. John’s Centre**  Slimming World  9.15am, 11:00am, 5:15pm and 7:15pm  (4 Sessions) | **Guild Room**  Tuesday Club  9:30am – 11:00am | **St. John’s Centre**  Crackers Playgroup  1:00pm – 3:00pm  (1 Session term time only) | **St. John’s Centre**  Tai Chi  10:30am – 11:30am |  | **St. John’s Centre**  Armstrong Karate  11:00am – 12:30pm | **St. John’s Centre**  Children’s Liturgy  9:30am – 12:30pm |
|  | **St. John’s Centre**  Silver Surfers  10:00am – 12:00pm |  | **St. John’s Centre**  Thursday Luncheon Club 12:30pm – 2:30pm | Guild Room  The Imagine Group  12:00pm – 3:00pm | **Community Café**  Jack Dromey Mp Advice Surgery  11:00am – 12:00pm | **St. John’s Centre**  Lighthouse Chapel International  12:30pm – 2:30pm |
| **Guild Room**  The Imagine Group  1:00pm – 4:00pm | **Community Café**  Knit and Chat Group  12:30pm – 2:00pm | **St. John’s Centre**  Beavers Scouts  (6 – 8yrs)  5:15pm – 6:45pm | **St. John’s Centre**  Catholic Home Education Group  (once a month)  2:30pm – 5:00pm |  | **St. John’s Centre**  Community Institute of Training 1:00pm – 5:00pm | **St. John’s Centre**  Community Meal  (Last Sunday of every month)  4:00pm |
| **Guild Room**  Svp (Fortnightly)  7pm – 8pm | **St. John’s Centre**  Armstrong Karate  5:00pm – 6:00pm | **St. John’s Centre**  Armstrong Karate  7:00pm – 8:00pm | **St. John’s Centre**  Armstrong Karate  6:00pm – 7:00pm |  | **Guild Room**  Becky & Kingstanding Faith Mums  3:00pm – 5:00pm | **Guild Room**  BUACK  4pm – 6pm |
| **Guild Room**  Al-Anon  8:30pm – 9:30pm | **St. John’s Centre**  Cubs Scouts  (8 – 10.5yrs)  6:15pm – 7:15pm | **Guild Room**  Bible Study  7:00pm – 8:00pm | **Guild Room**  RCIA  7PM – 9PM | **St. John’s Centre**  Scouts  (10.5 – 14yrs)  6:00pm – 7:30pm | **St. John’s Centre**  AA  7:30pm – 9:00pm |  |

**St. John’s Centre**

**Community Café**

**Guild Room**