

BREATHE Advice and Advocacy Service



Self Help 10

OFFERING FREE,
INDEPENDENT,
CONFIDENTIAL AND
IMPARTIAL ADVICE
ON WELFARE ISSUES

Where are we ... ?

108 Warren farm road,
Kingstanding,
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adviceUK

0121 384 2333

Advice@new-heights.org.uk

MORE INFORMATION AT: WWW.NEW-HEIGHTS.ORG.UK



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Self-help 10: Claimant Commitment & Sanctions

If you claim Universal Credit you are required to agree to a number of conditions in order to continue to receive your full entitlement. This is called the 'claimant commitment', and if the DWP believes that you are not fulfilling the requirements of the commitment, you could be 'sanctioned'. This means that you will have a reduction in your overall entitlement to Universal Credit.

If you are sanctioned, and you are experiencing financial difficulty as a result, you can request that a reduction in the amount of the sanction is considered. You will need to provide the DWP with reasonable evidence of your hardship, including information about the overall household income and expenditure.

If you have been sanctioned and would like to request a reconsideration of the amount that is being deducted from your benefit, you can access advice and support from the Breathe Service, by arranging an appointment on 0121 384 2333. Further information on how sanctions are applied can be found here:

<https://www.gov.uk/government/publications/universal-credit-and-your-claimant-commitment-quick-guide/universal-credit-and-your-claimant-commitment>