

**NEW HEIGHTS WARREN FARM COMMUNITY PROJECT NEWSLETTER****Closure Update**

As everyone is aware, we have closed all of our sites until further notice due to the Covid-19 situation. Following the governments announcement on the evening of 23rd March, both sites will remain closed until at least 14th April. A further update is to be issued by the government on the 13th April which will determine if we will be able to reopen. We will be issuing all updated via our social media sites.

Our BREATHE and Counselling services will continue to run remotely during this time, offering appointments via telephone, WhatsApp video chat or email. St Johns Centre phone numbers have been diverted to ensure we are able to continue to offer signposting, information and support.

To provide additional support to our community during this difficult and confusing time, we will be posting daily, government guidance and support information. We aim to ensure that our community receives only factual information from trusted sources. Again, these updates will be posted on our Facebook and Twitter sites. Due to the ever changing situation, government advice and information is likely to change on a daily basis. To ensure you receive the most up to date information please follow our social media accounts.

**@New\_Heights\_UK****New Heights Warren Farm Community  
Project Kingstanding****Project Telephone Numbers:**

Breathe advice and information (benefits &amp; housing) - 0121 384 2333

St Johns Centre (general enquiries) - 0121 396 4345

Counselling Service - (07753 224 835)





“Bringing communities together and helping those in need of help”

## KERRY`S COMMENTS

It's been a strange old week. Despite the closure of the buildings, there has been lots going on across the projects, with our services supporting the community via phone, video chat and email.

I think it's fair to say that we all miss each others company and the team work! We are already looking forward to returning to the comfort of our offices.

We have received lots of calls from adults who would like to volunteer to help the vulnerable during the Covid-19 pandemic. Unfortunately as our offices are closed, we are unable to accept such kind offers. However, should we be informed of any volunteering opportunities with other organisations within Kingstanding, we will share this information on our social media pages.

If you would like to volunteer for us once our offices re open, please email us at [enquiries@new-heights.org.uk](mailto:enquiries@new-heights.org.uk) and we will be happy to pass your details to our volunteer coordinator. I hope you are all staying safe during these unpredictable times. Please remember that we don't need to go out to check on family, friend and relatives. We can check on them via phone calls, video calls and emails. It's important we all stay connected and support each other any way we can, but it's equally important to ensure we stay safe and promote the health & wellbeing of others. Stay safe everyone!



## WHAT'S ON THIS WEEK ?

We have a range of activities taking place every week across at St Johns Centre, why not come and join us:

Mon: **Slimming World:** 9:15am, 11:00am,  
**The Imagine group:** 1:00pm-4:00pm  
**Book Break:** 2pm-3pm (free)  
**Al-Anon (GR):** 8:00pm-9:30pm

Tue: **Counselling Workshop (Invite Only):** 12.30pm-2.30pm  
**Armstrong Karate:** 5:00pm-6:00pm  
**Cubs Scouts:** 6:15pm-7:15pm

Wed: **Crackers Stay & Play:** 9am & 12.30pm  
**Beavers Scouts:** 5:15pm-6:45pm  
**Armstrong Karate:** 7:00pm-8:00pm

Thurs: **Over 50's Tai Chi:** 10:30am-11:30am (free)  
**Luncheon Club:** 12:30pm-2:30pm  
**Armstrong Karate:** 6:00pm-7:00pm

Fri: **The Imagine Group:** 12:00pm-3:00pm  
**Scouts:** 6:00pm-7:30pm

Sat: **Armstrong Karate:** 11:00am-12:30pm  
**Community Institute of training:** 1:00pm-5:00pm  
**Becky & Kingstanding Faith Mums (GR):**  
3:00pm- 5:00pm  
**AA:** 7.30pm-9.00pm

Sun: **Children's Liturgy:** 10:00am and 11:00am  
**Lighthouse Chapel International:** 12:30pm-2:30pm  
**Community Meal (last Sunday of every month):**  
4pm-6pm (free)

SJ = St Johns Centre GR= Guild Room

**\*Please note:** Unless stated "free", a charge applies to attend each of the above groups.\*

## Contact us

**Call :** 0121 386 4345

**Email:** [Enquires@new-heights.org.uk](mailto:Enquires@new-heights.org.uk)



@New\_Heights\_UK



New Heights Warren  
Farm Community