WC:28/05/2020

New Heights

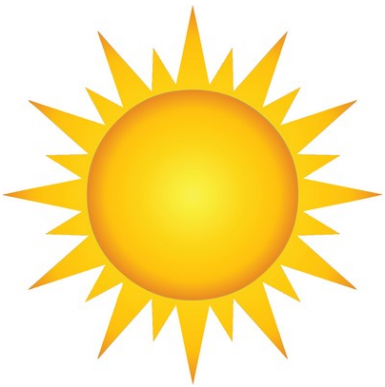
Charity Number: 1120868

NEW HEIGHTS WARREN FARM COMMUNITY PROJECT NEWSLETTER

Schools out– take action!

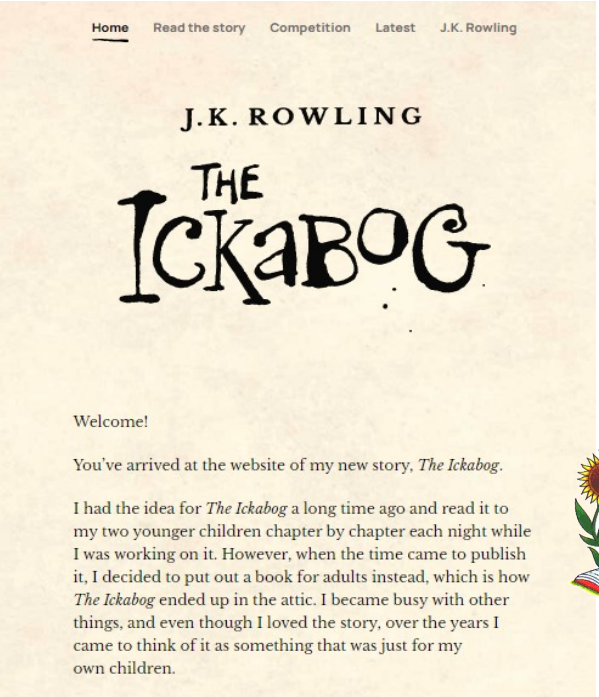
Hi everyone!

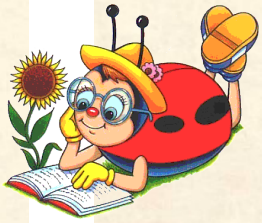
We hope you are having a good week and are staying safe.
It is going to be sunny all week so make sure you apply that sun cream and drink plenty of water.



News Flash…….J.K.Rowling releases new book!

J.K.Rowling has released a new online book and is looking for you to design the pictures for the story.
To ready the released chapters and enter the competition visit:
https://www.theickabog.com/





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"Bringing communities together and helping those in need of help"

Did you know?.....

Colouring a mandala is a form of art therapy. Art therapy is proven to boost the immune system, reduce stress and anxiety and promote sleep.

Get the colouring pencils out we

Joke of the week:

What is brown, hairy and wears sunglasses?
A coconut on holiday

Young Minds

Young Minds are a text service offering support to young people feeling stressed, upset and anxious. These feelings are perfectly normal at any time (especially right now).
To speak to someone text: YM to 85258 or visit www.youngminds.org.uk

Granny and Grandpa are all on their own,
But they always cheer up when the grandchildren phone.

Artwork and verse © Axel Scheffler and Julia Donaldson 2020, based on characters from *The Smeds and the Smoos* © 2020 Alison Green Books.

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