



## NEW HEIGHTS WARREN FARM COMMUNITY PROJECT NEWSLETTER

### Keeping you in the loop!

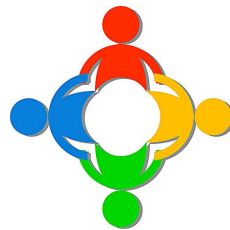
Hello everyone!

Another sunny week that looks set to be a scorcher! Please remember to stay hydrated, put in the sun screen & stay indoors during peak hours (between 12pm&3pm).

Some of you may have seen a flicker of activity at St Johns Centre over the last few weeks. Unfortunately, we are still unable to open our buildings to the public, however we are currently in the process of making plans for our return.

It's likely that there will be many changes in the way services and buildings are accessed when we do return to the office. Further updates on all changes will be published in upcoming newsletters and sent via email to anyone accessing our services. You will also be reminded of these changes via telephone when booking appointments.

In the meantime, we will continue to keep you updated of all activities and changes via social media and newsletters. Watch this space!



### We are still open for business



A quick reminder that our counselling, benefits & housing and befriending services continue to run Via telephone, email and Zoom.

**Breathe: 0121 384 2333**  
**Counselling: 07753224835**  
**Befriending: 0121 386 4345**

Due to ongoing social distancing restrictions we remain unable to open our offices at present.

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“Bringing communities together and helping those in need of help”

### Kerry's Comments:

Hello everyone. I hope you are all well.

It looks as though there is a glimmer of hope in sight, with lots of discussions around reducing the two meter rule. With schools starting to return and shops reopening, there is a real sense that we are slowly starting to return to a more normal world.

I have to admit, I was tempted to dash to the shops to buy socks for a sense of normality, but so far I have managed to resist the urge.

We've seen an increase in enquiries for our services over the last week. A quick reminder that our advice, counselling and befriending services remain accessible by telephone, Zoom and email.

Below are the opening hours and contact details for each service.

**Breathe benefit & housing advice:** Monday-Thursday 9.30am - 4pm

0121 384 2333 / [advice@new-heights.org.uk](mailto:advice@new-heights.org.uk)

Provision of :

- Benefit advice
- Housing advice
- Other agency information
- Sign posting
- Food bank referral



Here to help

**Domestic abuse counselling service (term time only):**

Monday-Friday 9.30am – 4pm

07753 224 835 / [counselling@new-heights.org.uk](mailto:counselling@new-heights.org.uk)

Provision of:

- 1:1 counselling (domestic abuse only)
- Other agency information
- Sign posting

**Enquiries / Telephone Befriending:**

Enquiries: Monday-Friday: 9am - 3.30pm

Befriending: Monday 2pm-3pm

(excluding bank holidays)

0121 386 4345 / [enquiries@new-heights.org.uk](mailto:enquiries@new-heights.org.uk)



**PLEASE  
DISTURB  
we are here  
TO HELP  
YOU !**