24/09/2020

New Heights

Charity Number: 1120868

NEW HEIGHTS WARREN FARM COMMUNITY PROJECT NEWSLETTER

Silver Bulletin

Hi everyone! How are you all doing?
After Tuesdays announcements there have been new restrictions set by the government to help tackle COVID-19 from the 24th September:

- Retail staff and customers will have to wear facemasks
- Weddings are limited to 15 people
- The fines have increased from £100 to £200 if you aren't wearing a facemask
- Office workers are being told to work from home if possible
- You are not able to meet with other house-holds indoors or outdoors
- Hospitality venues must be closed by 10pm
- You are now limited to 30 people at a funeral

New Heights Bake off!

Join us for our very own bake off. Each week we will set new challenges and provide new recipes for you to try at home. Please send us the results of your creations. This week bake is……

Maisies **Malteasers** tray back.

Step 1: Melt the butter, sweetened condensed milk and cocoa
Step 2: Stir through the crushed biscuits, rice bubbles and chopped Maltesers
Step 3: Press firmly into the tin
Step 4: Pour over the melted white chocolate, top with Maltesers and refrigerate until set

Leave in the fridge to set.

We are still providing community meals! If you live or know someone that lives in the Kingstanding area that would want a free cooked meal please message us on facebook or ring 0121

New Heights

This week's riddle:

What two things can you never eat for breakfast?
Answer revealed in next week's newsletter.

Last week's answer– A key

Word search

Safari Animals

B	E	N	O	O	L	N	N	O	O	B	A	B	C
A	F	F	N	B	I	H	W	A	R	T	H	O	G
H	L	N	F	T	O	H	A	T	E	E	H	C	A
D	U	E	P	A	N	A	U	H	Y	E	N	A	G
L	O	O	O	O	R	O	Z	E	B	R	A	H	A
H	N	K	L	P	R	I	M	D	T	N	G	T	Z
C	I	V	E	T	A	O	G	R	N	B	E	R	E
I	H	N	K	Z	N	R	E	E	A	U	P	D	L
A	R	U	T	K	N	D	D	L	H	F	E	V	L
O	D	D	E	G	L	O	R	W	P	F	L	O	E
U	L	Y	R	H	I	P	P	O	E	A	A	L	E
C	R	O	C	O	D	I	L	E	L	L	N	E	L
S	P	R	I	N	G	B	O	K	E	O	D	A	E
U	O	I	D	L	O	I	G	L	R	L	E	E	A

LION
LEOPARD
CHEETAH
RHINO
ELEPHANT
HIPPO
GIRAFFE
CROCODILE
BUFFALO
ZEBRA
BABOON
HYENA
SPRINGBOK
MONKEY
GAZELLE
KUDU
WARTHOG
CIVET
ELAND

Did you know?.....

Our services continue to run remotely, via telephone, email & video chat.

General Enquiries: 0121 386 4345
Enquires@new-heights.org.uk

Breathe benefits & housing Advice: 0121 384 2333
Advice@new-heights.org.uk

Counselling Service: 07753 224 835
Counselling@new-heights.org.uk

Contact us

@New_Heights_UK

New Heights Warren Farm Community Project